



TRUWHIP-TOPPED KETO CHAFFLES

The tried-and-tru keto favorite

INGREDIENTS

- 1 large egg
- 1/2 cup shredded mozzarella
- 1 teaspoon almond flour

PREP TIME

- Prep | 5 m
- Cook | 10 m
- Ready in | 15 m

DIRECTIONS

01

Plug in your waffle maker and heat it up. Add the mozzarella and stir to combine. Spray the waffle iron with non-stick spray.

02

Crack the egg into a small bowl and whisk with a fork.

03

Pour half of the egg mixture into the heated waffle iron and cook for 2-3 minutes. Remove chaffle carefully and cook the remaining batter.

04

Serve your chaffles warm with butter and truwhip keto!