



Whipped Fruit Salad

with skinny truwhip!



Ingredients

- 1/2 cup Fresh diced fruits (strawberries, pomegranate, apple, banana, and blueberries)
- 1/4 cup Diced roasted nuts (almonds, pecans, and cashews)
- 1/2 tsp Vanilla extract
- 2 cups Truwhip Skinny

Directions

- Leave the whipped topping out of the freezer for around 15 minutes to thaw slightly.
- Mix vanilla extract, fruits, and nuts to the cream.
- Serve chilled in an ice-cream cup and garnish with some fruit slices and mint leaves for added freshness.

Serves: 1

Ready: 5 min

Prep Time: 5 min

Cook Time: 5 min